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Dr. Newman received a Doctor of Nursing Practice program from Thomas Jefferson University, a Bachelor of Science degree in nursing from LaSalle University, and a Master of Science degree in nursing from the University of Pennsylvania, all in Philadelphia, PA. She is certified as an adult nurse practitioner by the American Nurses Credentialing Center and is a Fellow of the American Academy of Nursing.

Dr. Newman has served as co-principal investigator on research studies on the treatment and management of urinary incontinence, overactive bladder, interstitial cystitis, prostate cancer and erectile dysfunction. She was a member of the planning committee of the State-of-the-Science Conference on Prevention of Fecal and Urinary Incontinence in Adults, National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK), Office of Medical Applications of Research (OMAR) of the National Institutes of Health (NIH).

Dr. Newman is an internationally known speaker on the topic of urinary incontinence and the use of devices and products for the management of incontinence. She holds editorial positions on several journals, including the *International Urogynecology Journal, Neurourology and Urodynamics* and *Ostomy/Wound Management*. Dr. Newman has written and presented more than 100 scientific papers, chapters, and articles on the assessment, treatment, and management of incontinence with an emphasis on the nurse's role. She is the author of the books The Urinary Incontinence Sourcebook and Managing and Treating Urinary Incontinence. She is the recipient of the American Journal of Nursing 2002 Gerontologic Nursing Book Award for the 1st Edition of Managing and Treating Urinary Incontinence. She is the co-author with Dr Alan Wein of Overcoming Overactive Bladder, the 2nd edition of Managing and Treating Urinary Incontinence and co-author of Fast Facts: Bladder Disorders. She has extensive experience in informing consumers about pelvic floor disorders and with continence promotion.